



26750 US Hwy 19 N, Suite 100, Clearwater, FL 33761 PH: 727-726-1460
1001 37th St. N., Suite D, St. Petersburg, FL 33713 PH: 727-914-9130
667 W. Lumsden Rd., Brandon, FL 33511 PH: 813-867-7323

NEW PATIENT INTAKE

Patient Name (Print): _____ Date: _____

Social Security: _____ - _____ - _____ DOB: ____/____/____ Sex: ☐ M ☐ F Marital Status: ☐ M ☐ D ☐ W ☐ S
Address: _____ City: _____ State: _____ Zip: _____

Home Phone: _____ - _____ - _____ Cell Phone: _____ - _____ - _____ Email Address: _____

The listed information will be used to supply patient health information. Emails from staff are not encrypted.

Primary Care Physician: _____ Phone Number: _____ - _____ - _____

Name of Persons (s) you want to have access to your medical information. Due to HIPAA regulations, we will not be able to release information to those not listed:

Name & Relationship _____ Phone Number _____

Name & Relationship _____ Phone Number _____

***HEALTH INSURANCE INFORMATION:** ☐ N/A

Insurance Carrier: _____ Plan Name: _____

Policy Number: _____ Group Number: _____

Name of Insured: _____ DOB of Insured: _____

Relationship to Insured: ☐ Self ☐ Spouse ☐ Parent Other _____

***ACCIDENT INFORMATION:** ☐ N/A

What were you involved in? ☐ Auto Accident ☐ Slip & Fall ☐ Worker's Comp ☐ Other _____

Date of Accident: _____ Auto Insurance Carrier: _____

Claim #: _____

If this is a Work Injury: Company Name: _____ Phone: _____ - _____ - _____

If this is a Slip & Fall: Where did the incident happen? _____

Did the Accident occur in Florida? ☐ YES ☐ NO *If NO, where did it occur? _____

Is there an Attorney involved? ☐ YES ☐ NO

If YES, Attorney/Law Firm Name: _____

Did you go to the Hospital/Urgent Care? ☐ YES ☐ NO

Hospital/Urgent Care Name/Location: _____

By signing below, I attest that all information supplied today is true and valid to the best of my knowledge. I have been given a copy of Total Vitality Medical Group's Notice of Privacy Practices, which describes how my health information is used and shared. I understand that Total Vitality Medical Group LLC has the right to change this Notice at any time. I may obtain a current copy by contacting the office.

Patient/Guardian Signature: _____ Date: _____



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Review of Systems: Do you currently have or have had a problem with: Please Circle if YES

| | | |
|--|--|--|
| <p><u>Constitutional:</u> Difficulty Sleeping Excessive Fatigue Fever History of Falls Weight Gain Weight Loss</p> <p><u>Eyes:</u> Wear Glasses Cataracts Double/Blurry Vision Glaucoma Infections Injuries</p> <p><u>Ear, Nose, Throat & Mouth:</u> Wear Hearing Aids Ear Pain/Infection Hearing Loss Ringing in Ears Nasal Congestion/Drainage Nose Bleeds Sinus Pain</p> <p><u>Cardiovascular:</u> Chest Pain or Angina Heart Murmur High Blood Pressure High Cholesterol Irregular Pulse Leg Pain While Walking Swelling in Hands/Feet</p> | <p><u>Respiratory:</u> Asthma Bloody Sputum Emphysema Pneumonia Shortness of Breath</p> <p><u>Gastrointestinal:</u> Abdominal Pain Change in Bowel Habits Diarrhea/Constipation Jaundice Nausea Ulcers or Gastritis Vomiting</p> <p><u>Endocrine:</u> Diabetes Excessive Thirst Excessive Urination Thyroid Disease</p> <p><u>Genitourinary:</u> Blood in Urine Difficulty Starting/Stopping Stream Incontinence Kidney Stones Painful Urination</p> <p><u>Integumentary:</u> Skin Disease or Cancer</p> <p><u>Psychiatric:</u> Anxiety Depression</p> | <p><u>Neurological:</u> Difficulty with Balance Difficulty with Speech Dizziness/Disorientation Fainting Spells/Blackouts Headaches Inability to Concentrate Loss of Sensation/Numbness Memory Loss Seizures</p> <p><u>Hematologic/Lymphatic:</u> Anemia Bleeding Tendencies Blood Transfusions Hemophilia HIV Swollen Glands/Lymph Nodes</p> <p><u>Allergic/Immunologic:</u> Autoimmune Disease Food or Nasal Allergies</p> <p><u>Musculoskeletal:</u> Pain in the Neck or Back Pain in the Arm or Leg Arthritis Joint Pain/Swelling Numbness/Tingling in Arms or Legs Shoulder Pain Left or Right Weakness in Arms or Legs</p> |
|--|--|--|

The Information of the Patient Review of Systems Form is Correct to the Best of My Knowledge.

Patient or Guardian Signature: _____ **Date:** _____

Physician / Provider Signature: _____ **Date:** _____



New Patient Medical History

Name: _____ Date of Birth: _____ Today's Date: _____

Reason you are here: _____

Personal Medical History: Have you ever had any of the following conditions? (Check if yes)

- | | | |
|---|---|--|
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Crohn's Disease | <input type="checkbox"/> HIV / AIDS |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Depression | <input type="checkbox"/> Hypertension |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Kidney Disease |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Emphysema | <input type="checkbox"/> Myocardial Infarction |
| <input type="checkbox"/> Chemical Dependency | <input type="checkbox"/> Endocrine Problems | <input type="checkbox"/> Peptic Ulcer Disease |
| <input type="checkbox"/> COPD | <input type="checkbox"/> GERD | <input type="checkbox"/> Seizures |
| <input type="checkbox"/> Clotting Disorder | <input type="checkbox"/> Glaucoma | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Congestive Heart Failure | <input type="checkbox"/> Hepatitis | <input type="checkbox"/> Ulcerative Colitis |

Personal Surgical History: Have you ever had any of the following surgeries? (Check if yes) **Add the date of the surgery.**

- | | | |
|--|---|--|
| <input type="checkbox"/> Adrenal Gland Surgery _____ | <input type="checkbox"/> Colon Surgery _____ | <input type="checkbox"/> Kidney Surgery _____ |
| <input type="checkbox"/> Appendectomy _____ | <input type="checkbox"/> Coronary Artery Bypass _____ | <input type="checkbox"/> Neck Surgery _____ |
| <input type="checkbox"/> Bariatric Surgery _____ | <input type="checkbox"/> Esophagus Surgery _____ | <input type="checkbox"/> Prostate Surgery _____ |
| <input type="checkbox"/> Bladder Surgery _____ | <input type="checkbox"/> Gastric Bypass Surgery _____ | <input type="checkbox"/> Small Intestine Surgery _____ |
| <input type="checkbox"/> Breast Surgery _____ | <input type="checkbox"/> Hemorrhoid Surgery _____ | <input type="checkbox"/> Spine Surgery _____ |
| <input type="checkbox"/> Cesarean Section _____ | <input type="checkbox"/> Hernia Repair Surgery _____ | <input type="checkbox"/> Stomach Surgery _____ |
| <input type="checkbox"/> Cholecystectomy _____ | <input type="checkbox"/> Hysterectomy _____ | <input type="checkbox"/> Thyroid Surgery _____ |

Other surgeries and date(s): _____

List all **medications** and dosages you are currently taking: (including HRT) _____

List all **supplements** and dosages you are currently taking: _____

List all **allergies**: (Food, medications, environmental): _____

Family History: Has anyone in your family had any of the following conditions? (**Check if yes, and indicate relationship to you.**)

- ☐ Cancer / Polyps _____ (Circle all that apply) Colon, Rectum, Anal, Stomach, Breast, Prostate, Uterus, Ovaries, Thyroid, Lung, Blood, Lymphoma, Other _____
- ☐ Anemia: _____ ☐ Diabetes: _____ ☐ Blood Clots: _____ ☐ Heart Disease: _____ ☐ Stroke: _____
- ☐ High Blood Pressure: _____ ☐ Anesthesia Reaction: _____ ☐ Bleeding Problems: _____
- ☐ Hepatitis: _____ Other: _____

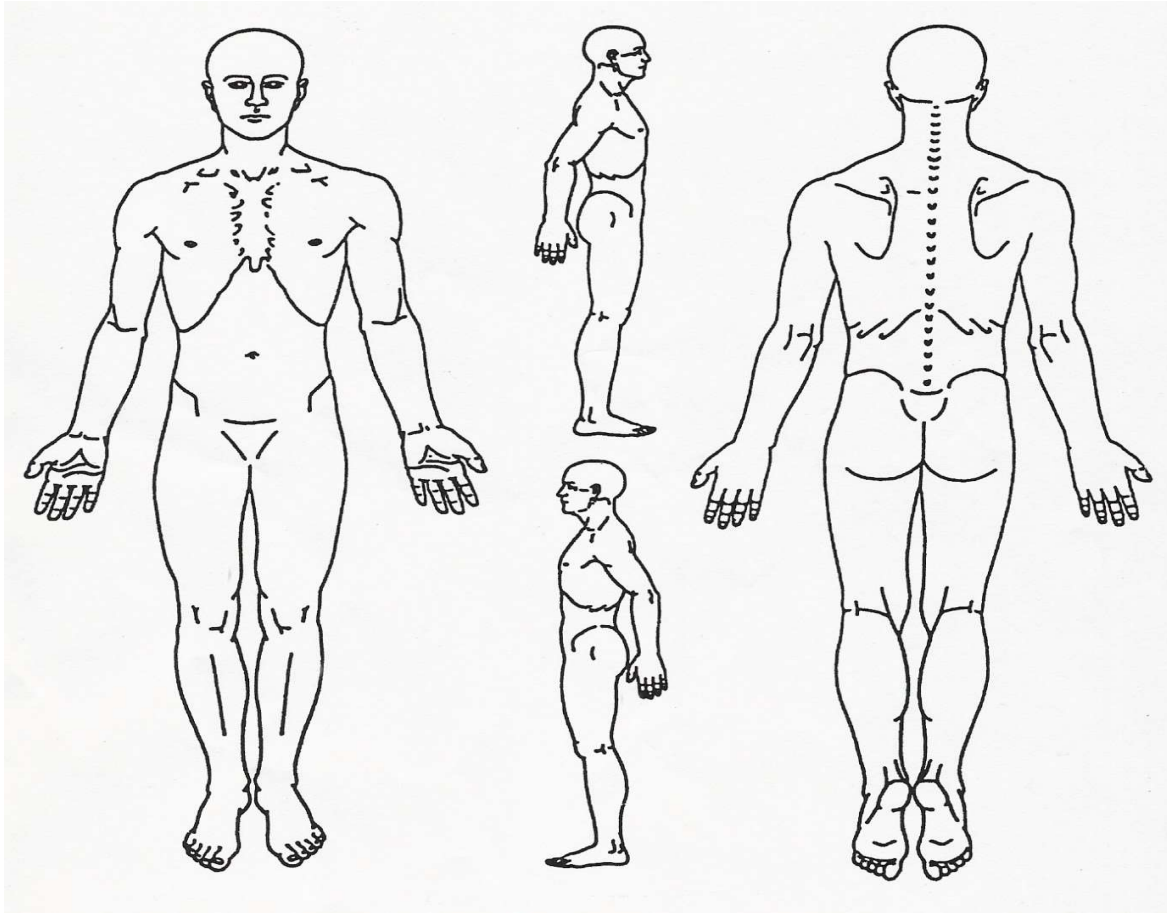
PAIN DRAWING

Name: _____ Date of Birth: _____ Today's Date: _____

Please mark the figures below with the letters that best describe the sensation or pain you are feeling, AND areas where pain radiates or spreads with a ↑, ↓, or ←, → arrow to indicate the direction of radiating pain.

(Include all affected areas – you may draw in the face as well.)

A = Ache B = Burning R = Radiating Pain D = Dull Pain
N = Numbness S = Stabbing P = Pins & Needles O = Other



Please indicate how you would rate your pain (None) 0 1 2 3 4 5 6 7 8 9 10 (Unbearable)

- | | |
|-----------------|--|
| a) Right Now | (None) 0 1 2 3 4 5 6 7 8 9 10 (Unbearable) |
| b) Average Pain | (None) 0 1 2 3 4 5 6 7 8 9 10 (Unbearable) |
| c) At Best | (None) 0 1 2 3 4 5 6 7 8 9 10 (Unbearable) |
| d) At Worst | (None) 0 1 2 3 4 5 6 7 8 9 10 (Unbearable) |



ACCIDENT / INJURY QUESTIONNAIRE

Name: _____ DOB: _____ Date: _____

Date of Accident: _____ Time of Accident: _____

☐ Auto Accident ☐ Work Injury ☐ Slip & Fall ☐ Other _____

Street and Intersection of Accident: _____

Make and Model of the Vehicle YOU were in: _____

Make and Model of the Vehicle that collided with you: _____

Where was the Initial Contact / Damage on the vehicle you were in? ☐ Front ☐ Rear ☐ Driver Side ☐ Passenger Side

Were you the? ☐ Driver ☐ Front Passenger ☐ Rear Passenger Were you wearing your seatbelt? ☐ YES ☐ NO

Were the Police notified? ☐ YES ☐ NO Is there a Police Report? ☐ YES ☐ NO

Citation Given? ☐ YES, me ☐ YES, other driver ☐ NO

What body part (s) were injured? _____

Were you rendered unconscious by the impact? ☐ YES ☐ NO

Were you treated at the scene of accident? ☐ YES ☐ NO

Did you go to the Hospital? ☐ YES ☐ NO If YES, by Ambulance? ☐ YES ☐ NO

Have you had Any other Treatment since the Accident? ☐ YES ☐ NO If Yes, Where? _____

When was your last date of treatment for this Accident? _____

Please explain in full the details of this Accident: _____

Are you currently working? ☐ YES ☐ NO Have you lost time from work due to the accident? ☐ YES ☐ NO

If yes, for how long? _____



OFFICE OF INSURANCE REGULATION

Bureau of Property & Casualty Forms and Rates

Standard Disclosure and Acknowledgment Form
Personal Injury Protection - Initial Treatment or Service Provided

The undersigned insured person (or guardian of such person) affirms:

1. The services or treatment set forth below were **actually rendered**. This means that those services have **already been provided**.

2. I have the right and the **duty to confirm** that the services have already been provided.
3. I was **not solicited** by any person to seek any services from the medical provider of the services described above.
4. The medical provider has **explained** the services to me for which payment is being claimed.
5. If I notify the insurer in writing of a billing error, I may be entitled to a portion of any reduction in the amounts paid by my motor vehicle insurer. If entitled, my share would be at least 20% of the amount of the reduction, up to \$500.

***INSURED PERSON (PATIENT RECEIVING TREATMENT OR SERVICES)** or Guardian of Insured Person:

Name of Insured (Print)

Signature

Date

The undersigned licensed medical professional or medical director, if applicable, affirms the statement numbered 1 above and also:

- A. I have **not solicited** or caused the insured person, who was involved in a motor vehicle accident, to be solicited to make a claim for Personal Injury Protection benefits.
- B. The treatment or services rendered were explained to the insured person, or his or her guardian, **sufficiently** for that person to sign this form with informed consent.
- C. The accompanying statement or bill is **properly completed** in all material provisions and all relevant information has been provided therein. This means that each request for information has been responded to **truthfully, accurately**, and in a **substantially complete** manner.
- D. The coding of procedures on the accompanying statement or bill is proper. This means that **no service has been upcoded, unbundled**, or constitutes an invalid **or not medically necessary diagnostic test** as defined by Section 627.732 (15) and (16), Florida Statutes or Section 627.736(5)(b)6, Florida Statutes.

***LICENSED MEDICAL PROFESSIONAL** Rendering Treatment/Services or Medical Director (*Signature by his/ her own hand*):

Medical Professional Name (Print)

Signature

Date

Any person who knowingly and with intent to injure, defraud, or deceive any insurer files a statement of Claim or an application containing any false, incomplete, or misleading information is guilty of a felony of the third degree per Section 817.234(1)(b), Florida Statutes.

Note: The original of this form must be furnished to the insurer pursuant to Section 627.736(4)(b), Florida Statutes and may not be electronically furnished. Failure to furnish this form may result in non-payment of the claim.



MULTI-DISCIPLINARY TREATMENT CENTERS

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Authorization to Administer Treatment:

I hereby give permission to the Providers and staff at Total Vitality Medical Group, LLC to administer treatment, prescribe medication and/or testing procedures indicated by the provider he/she may deem necessary to diagnose and/or treat my condition.

Signature: _____

Date: _____

Pregnancy Release for X-rays:

I, _____, hereby state to the best of my knowledge that I am not pregnant and give my full consent to Total Vitality Medical Group LLC, their associates, and x-ray technicians to x-ray me. My last menstruation cycle began on ____/____/____

Minor Consent (if applicable):

I hereby request and authorize Total Vitality Medical Group, LLC to render treatment to my minor child _____. This authorization is extended to all affiliated doctors and staff members and is intended for the performance of diagnostic tests, chiropractic adjustments, physical therapy, radiographic examination (at the doctor's discretion) as well as other treatment necessary for the minor child's care. As of this date, _____, I have the legal right to select and authorize health care services for the minor child named above. (If applicable), under the terms and conditions of my divorce, separation or other legal authorization, the consent of a spouse, former spouse or other parent is not required. If my authority to select and authorize care to my child should be revoked or modified in any way, I will notify this office immediately.

Parent or Guardian (Print)

Signature

Date

RELEASE / WAIVER / DISCLOSURE OF OWNERSHIP

RELEASE FORM

I accept full responsibility for my use of any and all equipment owned by Total Vitality Medical Group, LLC, its shareholders, directors, employees, representatives or agents. I hold them harmless for any and all loss, claim, injury, damage or liability sustained or incurred by me resulting there from.

WAIVER FORM

I fully understand and agree that I am engaging in physical exercise and the use of exercise equipment owned by Total Vitality Medical Group, LLC which could cause injury. I am voluntarily participating in these activities and assume all risks that might result. I hereby agree to waive any claim or rights I might otherwise have to sue the facility, its employees or agents for injury on account of these activities. I have carefully read this waiver/release and fully understand it is a release of liability.

I understand that I have the right, at any time, to freely choose my provider and the facility in which they practice. Please contact our office for a list of providers/ownership.

Name (Print)

Signature

Date

Witness (Print)

Witness Signature

Date

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| FOR OFFICE USE ONLY |
|--------------------------|
| Patient name: |
| Policy Owner's Name: |
| Insurance Carrier Name: |
| Policy/Claim #: |
| Date of Accident/Injury: |

Assignment of Benefits / Policy Rights

PATIENT: I, the undersigned, understand and agree that **Total Vitality Medical Group, LLC** (including any other subsidiaries, all its corporative, elected, and appointed representatives, and officials, or its assigns), requires payment at the time of services are rendered. In consideration of the Provider agreeing to not require at the time services are rendered, hereby assign the rights and benefits of insurance of the applicable personal injury protection, medical payments, and/or other insurance which may be available to pay the Provider on my behalf to the said Provider. This agreement is for services and/or supplies rendered for treatment of personal injuries sustained in an automobile accident or incident on the above referenced date to me, the undersigned patient, who is covered by Personal Injury Protection (PIP) coverage or other insurance coverage under the above named Policy Owner's name, in accordance with Florida Statute 627.736.5. The undersigned is responsible for any applicable deductible or co-payment not covered by PIP or other insurance policy rights, which I am assigning hereby, are to be covered through a policy of insurance with the company commonly known as the above referenced insurance company, under the above referred policy or claim number.

The assignment is intended to transfer all of the patient's rights to collect benefits from the said insurance company, including, but not limited to, all rights to collect benefits directly from the insurance company for services that I have received and all rights to proceed against the insurance company which is obligated to provide benefits in any action including legal suit if for any reason the insurance company fails to make payments of benefits to which I am due. This assignment further the right to collect payment for reasonable costs connected with copying and mailing records to the insurer at the insurer's request and in accordance with Florida Statute 627.736(6). This assignment also includes any rights to recover attorney's fees and costs for any such action brought by the Provider as the patient's assignee. I agree that the said Provider may select any attorney it wishes and understand and agree that the attorney selected by them may be different than the attorney handling my PIP/Bodily Injury claim or case. In the event of litigation or arbitration, I agree to cooperate with said Provider and in any manner reasonably required. I understand this cooperation may include giving sworn testimony at deposition, trial of the case, or any other proceeding that may be reasonably required and I also agree to execute any releases, settlement papers, and settlement checks. I further agree not to compromise or extinguish the value of this agreement by taking a position inconsistent with the said Provider's pursuit of payment.

The Assignment of Rights and Benefits is intended to become effective immediately and binding upon the said insurance carrier and upon my execution. I hereby instruct the said insurance carrier in the event the subject medical benefits are disputed for any reason, including medical reasonableness and/or necessity, the amount of benefits claimed by the said Provider be placed in escrow and not disbursed until the dispute is resolved. As part of this Assignment of Rights and Benefits, I further instruct the insurance carrier to notify the Provider immediately of any dispute as to payments so it may exercise its legal rights. I have read and understand the information herein, and it is true to the best of my knowledge and belief.

Patient/Responsible Party Name (Print)

Patient/Responsible Party Signature

Date

PROVIDER: The undersigned, on behalf of the above referenced Provider, hereby accepts assignment of the insurance rights and benefits for the services rendered to the above referenced patient. The undersigned also accepts payments to be paid directly to the above referenced Provider under the above referenced patient's PIP, or other insurance coverage with the above referenced insurance carrier and in accordance with Florida Statute 627.736 et Seq.

Authorized Agent / Representative

Date



Office/Financial Policy

Thank you for choosing **Total Vitality Medical Group (TVMG)** for your medical care. We are committed to providing you with quality, personal health care, and appreciate your commitment to adhere to this Office/Financial Policy Agreement. By understanding our policy, we can provide you with the best service. Agreement with this policy is required for all medical care.

Except as indicated below, payment is required at the time services are provided unless other arrangements have been made in advance. We accept cash, VISA, MasterCard, Discover, American Express and Care Credit cards. Personal checks are not accepted.

OFFICE HOURS: (By Appointment Only):

Each location has different hours, please contact the office to verify the specific days/hours of operation.

The office doesn't schedule patients between 12pm and 2pm.

As a courtesy to other patients, we request you arrive on time. If you arrive more than 15 minutes late, you may be asked to reschedule. We do not have after-hours or weekend providers available.

INSURANCE:

We participate in many insurance networks and will bill your insurance plan accordingly. If we do not participate with your insurance network, payment in full is required at the time of service, unless other arrangements have been made in advance. We may be able to bill your plan as a courtesy to you and credit your account if we receive any additional payment. Knowing your insurance benefits – including eligibility, covered benefits, and medically necessary procedures is your responsibility; please contact customer services at your insurance company for questions you may have regarding your coverage. You are responsible for any charges not covered by your plan.

- **Proof of Insurance:** All patients must complete and/or update our Patient Information Form at the beginning of each year, and if when you change personal information. You must furnish valid and up-to-date proof of insurance coverage and a copy of your driver's license. If you provide false or expired insurance information you will be responsible for the balance of the claim. Please notify us of any changes in insurance coverage prior to time of service. Insurance denials for termination of coverage will be automatically billed to you.
- **Co-payments and deductibles:** All co-payments and unsatisfied deductibles must be paid at the time of service. By contractual law your insurance company requires us to charge for, and you to pay for, all required co-payments, coinsurances, deductible and non-covered services.
- **Claim submission:** We will submit your insurance claims and assist you in any way reasonable to help get your claim paid. Your insurance company may need you to supply information directly to them. It is your responsibility to comply with their request in a timely manner. Florida insurance law requires your insurance company to provide timely payment. Please be aware that the balance of your claim is your responsibility to pay whether or not your insurance company has paid. Referrals: If your managed care plan requires approval or authorization for referrals to a specialist, radiological imaging, medical facility care, etc., it is your responsibility to inform the office of this requirement prior to referral. We require a 72 hour notice to facilitate a referral request and cannot issue retroactive referrals.

OUT-OF-NETWORK CARE / SELF PAY: Please be aware that you have an option to seek care from Physicians even though they are not participating in your network. In this situation, it is your responsibility to seek reimbursement through your insurance company. We will only send your claims for out-of-network care to your insurance if requested in advance. We will charge a self-pay rate. Please contact the front office for current Self-Pay Pricing.

ADMINISTRATIVE SERVICES, CHARGES AND PATIENT RESPONSIBILITIES: Due to the continued decline in reimbursements from insurance companies and their failure to pay for the following services, we are no longer able to absorb the cost of these services. Therefore, the following administrative services will be billed directly to you with payment being your responsibility. Our practice is committed to providing the highest quality of service to our patients while keeping our charges for administrative services at or below the usual and customary charges of other medical practices in our area. All such administrative fees must be paid prior to scheduling future appointments.

*Missed appointments. Broken appointments represent not only a cost to us, but also an inability to provide services to others who could have been seen in the time set aside for you. We require **24-hour notice of cancellation to avoid a \$95 cancellation fee** for all appointments. It is your responsibility to remember your appointment.



- Prescription refills. New prescriptions will not be issued without first seeing your Physician. Prescriptions for acute care or chronic conditions are written with an appropriate number of refills to complete the course of treatment or to last until your next scheduled appointment. You will be charged **\$75** for any additional refills issued without seeing the Physician or to replace a lost prescription, as long as it's a medication in which we are able to do so. All prescription requests are taken only during regular office hours and filled within 48 hours.
- Prescription Prior- authorizations. We will honor prior authorization requests from the patient, but the patient is responsible for contacting their insurance company to have them forward the prior authorization form to our office. A **\$25** fee may be assessed for time to complete the prior authorization form. Any request for a forced change in your medication by your insurance company will require an office visit. The patient will need to ask their insurance plan what "alternative medications" are covered and provide a list to their Physician.
- Letters / Form completion. At the discretion of the Physician, letters and forms requiring medical review and Physician signature are subject to a **\$50.** fee.
- Telephone Consultations: Telephone consultations calls for medical advice/treatment may be subject to a **\$195.** fee that is billed directly to you.
- Requests for medical records. In accordance with Florida law, TVMG requires written requests for the release of medical records. The administrative fee associated with retrieving and copying medical records is based on current Florida law and is dependent on the number of pages requested. Please take this into consideration when requesting copies of your medical records.

Personal Injury Cases

- This office will bill for any auto accident or other liability or lawsuit related cases as a courtesy to you. It is your responsibility to provide us with the car insurance carrier name, claim number and any corresponding information prior to your visit in order to obtain proper authorization.

Workers Compensation

- If your injury is work related, it is your responsibility to provide us with the case number and carrier name prior to your visit in order to obtain proper authorization. We will be happy to bill your worker's compensation insurance company as a courtesy to you.

Assignment of Insurance Benefits (Health Insurance)

Patients with insurance please read and sign below that you understand and agree with the following statement. I hereby assign all medical and/or surgical benefits, to include major medical benefits to which I am entitled, private insurance, and any other health plans, or services provided by Total Vitality Medical Group LLC, to Total Vitality Medical Group, LLC. This assignment will remain in effect until revoked by me in writing. A photocopy of this assignment is to be considered as valid as an original. I understand that I am financially responsible for all charges which remain unpaid by insurance. I hereby authorize said assignee to release information necessary to secure payment.

I have read, understand, and agree to comply with the terms of your Office / Financial Policy for payment of professional fees.

Name (Print)

Signature

Date

Witness (print name)

Witness Signature

Date



AUTHORIZATION TO RELEASE MEDICAL RECORDS

| | |
|--|------------------------|
| Printed Name of Patient (first, middle, last name) | Birthdate (mm/dd/yyyy) |
| Phone Number | E-mail |

I hereby authorize any health care professional, medical facility, mental health facility, laboratory, paramedical facility, medical examiner, medical records service, prescription history clearing house, consumer reporting agency, employer, and family member to release all health information about me.

I hereby authorize the following health care professional, medical facility, mental health facility, laboratory, paramedical facility, medical examiner, medical records service, prescription history clearing house, consumer reporting agency, employer, or family member to release all health information about me:

| | |
|--|------------|
| Person/Organization to Release Information | |
| Phone Number | Fax Number |

The following person/organization is hereby authorized to receive my entire medical record, treatment record and diagnostic record to the following person or organization:

| | |
|--|------------|
| Person/Organization to Receive Information | |
| Phone Number | Fax Number |

By my signature below, I acknowledge that any prior agreement I have made to restrict or limit the disclosure of information about my health does not apply to this authorization. The following health information that relates to service beginning from _____ to _____, may be released:

- Entire Medical Record including patient histories, office notes (except psychotherapy notes), test results, radiology studies, films, referrals, consults, billing records, insurance records, and records sent by other health care providers.
- Patient Histories
- Office Notes (except psychotherapy notes)
- Test Results
- Radiology Studies
- Films
- Referrals
- Consults
- Billing Records
- Insurance Records
- Records Sent by Other Health Care Providers

I further understand that my medical record may include one or more of the following:

- Treatment of communicable diseases, including sexually transmitted diseases, venereal diseases, tuberculosis, or hepatitis • HIV-Related Treatment
- Mental Health Information or Psychological Conditions
- Alcohol or Substance Abuse Treatment
- Genetic Testing

The above person/organization, its employees, representatives and any other persons performing services for them or on their behalf, may need to obtain, use or disclose any and all information about my physical and mental health, including but not limited to, services for preventative, diagnostic and therapeutic care, tests, counseling, and medical prescriptions for the purpose of:

- | | |
|---|--|
| <input type="checkbox"/> Change of Doctor <input type="checkbox"/> Individual Request <input type="checkbox"/> Specialist Referral <input type="checkbox"/> Workers Compensation | <input type="checkbox"/> Insurance Purposes <input type="checkbox"/> Continued Treatment <input type="checkbox"/> Legal Investigation <input type="checkbox"/> Other: _____ |
|---|--|

I understand and agree that health information about me, which is used or disclosed pursuant to this authorization, may be subject to re-disclosure by the recipient and may no longer be protected by law.

This authorization is valid for 24 months following the date of my signature shown below. A copy, electronic copy, image, or facsimile of this authorization is as valid as the original. I have the right to revoke this authorization in writing at any time. I acknowledge that such a revocation is not effective to the extent the above person/organization has relied on the use or disclosure of my health information.

I have read (or have had read to me) this authorization, and I agree to its terms as indicated by my signature below. I am entitled to a copy of this authorization.

| | | |
|--|--------------|---|
| Signature of Patient or Personal Representative: | Date Signed: | Description of Personal Representative's Authority: |
|--|--------------|---|



Office Location: _____
Patient Name: _____
Patient DOB: _____

PHYSIOTHERAPY DESCRIPTION & EXPLANATION

Please initial each modality.

_____ **Chiropractic Adjustment** – The movement of spinal and/or extra-spinal joints to facilitate a return to approximate normalcy of the inter-articular bio-mechanics of the target's articulations.

_____ **Cryotherapy** – The application of cold through ice pack which diminishes inflammation and edema of the musculo-ligamentous tissues, alleviates pain, and reduces the hypertonicity of the musculature.

_____ **Heat Therapy** – The application of heat to enhance vasodilation of tissues, extends range of motion, alleviates pain, and increases local metabolism. (Example: Hot Packs)

_____ **Electric Muscle Stimulation** – A mechanical device that contains attachable electrodes emitting electrical waves that relaxes tense muscles, stimulates local metabolism, fosters motor function, alleviates inflammation, and modulates pain.

_____ **Mechanical Traction** – A mechanical table or inflatable device which provides spinal traction and promotes the reduction of muscular adhesions and mobilizes fixations, restores inter-segmental as well as global joint mobility and relieves spasm. It also compensates for nerve root, articular and disc compressive forces, relaxes tense muscles, enhances inter-segmental/segmental joint bio-mechanics, reduces abnormal posture.

_____ **Ultrasound** – A mechanical device that consists of a sound head applied to the skin that separates muscular adhesions and muscles infiltration, stimulates localized circulation and local metabolism, and relieves pain.

_____ **Manual Therapy** – Therapeutic procedures that are performed by hand to improve joint function, decrease pain, increase lymphatic drainage, and to remove fibrous adhesions and trigger points.

_____ **Therapeutic Exercise** – Active and/or passive stretching, and/or therapeutic exercises to develop strength and endurance, range of motion and flexibility.

_____ **Taping/Strapping Treatment** – Used to relieve acute and chronic pain, improve muscle function, increased circulation, and damaged tissues, and reduce inflammation in damaged tissues.

_____ **Shockwave Therapy** - A non invasive treatment that involves a delivery of an acoustic shock wave to a specific area of the body which may reduce pain and stimulate healing of the affected area.

By signing below, I certify that I have read and fully understand the therapies listed above, and I understand that any or all may apply to my treatment plan.

Patient Name (Print)

Patient Signature

Date